

# General Information

All Al-Anon & AA meetings open to everyone registered for the conference.  
Alateen meetings open only to registered Alateens and certified Alateen Sponsors.

*Meetings & workshops close 5 minutes before the hour.*

## **Alateens (Governor Horner, 2<sup>nd</sup> Floor):**

Alateens must be registered for the conference to participate in closed Alateen meetings and the pizza party. Alateens not accompanied by parent or legal guardian must have a signed and notarized Alateen consent form to register for the conference.

## **Archives (Governor Altgeld, 2<sup>nd</sup> Floor):**

Hours: 4pm-7pm Friday, 8am-5pm Saturday

Closed 15 minutes before & reopen 15 minutes after **Speaker Meetings**.

## **Hospitality (Governor Bond, 2<sup>nd</sup> Floor):**

Hours: Fri. 4pm-10pm, Sat. 7am-10pm, Sun. 7am-9am

Closed 15 minutes before & reopen 15 minutes after **Speaker Meetings**.

Friday night games & fellowship after 7pm **Speaker Meeting**.

## **Literature (Governor Altgeld, 2<sup>nd</sup> Floor):**

Hours: Friday 4pm-7pm, Saturday 8am-5pm

Closed 15 minutes before & reopen 15 minutes after **Speaker Meetings**.

## **Parking:**

Parking in the lot adjacent to the hotel is \$7/day

no in/out privileges, or \$8/day valet parking with unlimited in/out privileges.

Parking at nearby Salvation Army parking lot is available with a \$5/day pass from Registration, unlimited in/out.

On-street parking is free for the weekend at city meters after 5pm on Friday.

## **Raffle (Governor Altgeld, 2<sup>nd</sup> Floor):**

Raffle tickets for quilt, tote bags, and gift baskets

may be purchased outside Governor Altgeld, at Registration, or from roaming raffle-ticket sellers.

Hours: Friday 4pm-9:30pm, Saturday 8am-5pm

Closed 15 minutes before & reopen 15 minutes after **Speaker Meetings**.

## **Registration (Booth near Ballroom):**

Hours: Friday 4pm-10pm, Saturday 7am-8pm

Closed 15 minutes before & reopen 15 minutes after **Speaker Meetings**.

# Al-Anon Program

## **FRIDAY October 8<sup>th</sup>, 2010**

5:00pm Meeting: Staying in Today  
**7:00pm Speaker Meeting:**  
**Ellen K., AA; Springfield, IL**  
**Dylan W., Alateen; Belleville, IL**  
**Linda B., Al-Anon, Springfield, IL**  
**9:00pm Games & Fellowship**  
9:30pm Meeting: Tools of Detachment  
10:00pm Meeting: Pajama Jamb

## **SATURDAY October 9<sup>th</sup>, 2010**

8:00am Meeting: Self-Esteem  
9:00am Meeting: Learning to Love  
9:00am Workshop: Finding My Voice  
10:00am Meeting: Gratitude  
10:30am Al-Anon Panel: Message of Hope  
11:00am Meeting: Healthy Boundaries  
12:00pm Lunch Break  
**1:00pm Speaker Meeting: Pat R., AA**  
**Springfield, IL**  
2:30pm Meeting: Changed Attitudes  
2:30pm Meeting: Embracing Life  
3:30pm **Unconditional Love:** Open Alateen Workshop  
4:30pm Meeting: Healthy Relationships  
5:30pm Break  
**6:30pm Banquet Buffet**  
**7:30pm Raffle & Serenity Countdown**  
**8:00pm Speaker Meeting: Ellie H.,**  
**Al-Anon, Minneapolis, MN**  
**9:30 pm D.J. Karaoke/ Dance**  
10:00pm Meeting: Finding Balance

## **SUNDAY October 10<sup>th</sup>, 2010**

9:00am Morning Meditation  
**10:00am Speaker Meeting: Judy K.,**  
**Al-Anon, Reno, NV**

# Alateen Program

(All meetings closed as indicated)

## Friday October 8<sup>th</sup>, 2010

5:00pm Alateen Meet & Greet (closed)  
7:00pm **Speaker Meeting:**  
**Ellen K., AA; Springfield, IL**  
**Dylan W., Alateen; Belleville, IL**  
**Linda B., Al-Anon, Springfield, IL**  
9:00pm **Games & Fellowship**

## Saturday October 9<sup>th</sup>, 2010

11:00am Alateen Meeting (closed)  
1:00pm **Speaker Meeting: AA**  
3:30pm **Workshop: Unconditional Love**  
6:30pm Free Pizza Party (closed)  
8:00pm **Speaker Meeting: Al-Anon**  
9:30 pm **D.J. Karaoke/ Dance**

## Sunday October 10<sup>th</sup>, 2010

10:00am **Speaker Meeting: Al-Anon**

# AA Program

## Friday October 8<sup>th</sup>, 2010

5:00pm The "Program"  
7:00pm **Speaker Meeting: AA, Alateen,**  
**Al-Anon**  
9:00pm **Games & Fellowship**  
10:00pm Bill W., Dr. Bob, & Oldtimers

## Saturday October 9<sup>th</sup>, 2010

9:00am Sponsorship  
11:00am How It Works: The Steps  
1:00pm **Speaker Meeting: Pat R., AA**  
**Springfield, IL**  
3:00pm The Promises  
4:30pm The 12<sup>th</sup> Step  
6:30pm **Banquet Buffet**  
8:00pm **Speaker Meeting: Al-Anon**  
9:30pm **D.J. Karaoke/ Dance**

## SUNDAY October 10<sup>th</sup>, 2010

9:00am God of Our Understanding  
10:00am **Speaker Meeting: Al-Anon**