



## MEETING LIST as of February 2025

AL-ANON DISTRICT 19 of Greater Springfield, IL  
Website: [www.spi-alanon.weebly.com](http://www.spi-alanon.weebly.com)

There are currently 9 meetings every week.

5 IN-PERSON ONLY and 3 HYBRID (Combination In-Person & Zoom\*) and 1 ZOOM\* ONLY

**\*How to access ZOOM meetings? Visit: [Zoom.us](https://zoom.us) – JOIN with Meeting ID: 229 846 323 Password: 191212**

### MONDAYS

**Progress Not Perfection 6:00 pm**  
Living Water Church, 2901 E. Sangamon  
First hallway to the left and door to the left

**In-Person ONLY**  
Contact: **Robin M (217-899-0432)**

**Honest, Open & Willing 7:00 pm**  
Springfield First United Methodist Church  
2941 S. Koke Mill Rd (at Wabash), Room 2

**Hybrid (In-Person & Zoom)**  
Contact: **Carolyn G (217-414-5582)**

### TUESDAYS

**Rise Up and Recover 9:30 am**  
**CHATHAM, IL** -- St. Joseph's Church  
700 E. Spruce St. (Enter thru N.E. door)

**In-Person ONLY**  
Contact: **Jen M (217-280-0220)**

**Discovery Club 5:15 pm**  
313 West Cook Street Park in rear of bldg  
(go thru front door, take stairs to 2<sup>nd</sup> floor)

**In-Person ONLY**  
Contact: **Sarah K (217-741-4617)**

### WEDNESDAYS

**Happiness Is 12:00 pm**  
St. Paul's Episcopal, 815 South 2nd St.  
(In Library, Thru south side double glass doors.)

**Hybrid (In-Person & Zoom)**  
Contact: **Lisa H. (217-899-6041)**

**Butterfly Al-Anon 7:00 pm**  
First Congregational United Church of Christ  
2100 S. Bates (Cherry & Bates)  
Enter in S. Door under canopy,  
Room #9 at the far end of the hall

**In-Person ONLY**  
Contact: **Sarah BR (217-341-3722)**

### THURSDAYS

**Progress Not Perfection 3:30 pm**  
Springfield First United Methodist Church  
2941 S. Koke Mill Rd (at Wabash), Room 2

**Hybrid (In-Person & Zoom)**  
Contact: **Travis (217-502-6777)**

**It's an Inside Job AFG 5:00 pm**  
**CHATHAM, IL** -- St. Joseph's Church  
700 E. Spruce St. (Enter thru N.E. door)

**In-Person ONLY**  
Contact: **Janese H. (217-741-2592)**

**Staying Connected 5:15pm**  
Use District 19 Zoom portal  
visit: **Zoom.us JOIN by**  
**Entering Meeting ID: 229 846 323**  
**Password: 191212**

**Zoom ONLY**  
Contact: **Tracy H. (217-415-3489)**  
Contact: **Ann C. (217-652-8131)**