



News-O-Gram Fall 2009
(SIAFG) Southern Illinois Al-Anon Family Groups
Hope and Help for Families of Alcoholics

Find a computer buddy and get a free copy of the News-O-Gram for your group or Al-Anon friend who does not have access to it online. The News-O-Gram is now online at our website www.siafg.org and available FREE to all members by email. Just send your email address to: ritamcox@att.net. Getting your News-O-Gram via internet will be a very significant savings to the fellowship.

Area Assembly & Area World Service Committee Meeting
Nov. 7th and 8th, 2009

St. John's Hospital in Springfield

(All meetings and events in Room R & S in the Carol Jo Vecchie Center)

Saturday, Nov. 7th--1:00PM
Area World Service Committee
Meeting

Sunday, Nov. 8th--9:00 AM
Area Assembly
Registration begins @ 8:00 AM

Directions to St. John's Hospital: I-55 to Clearlake Ave exit (98B). Stay on Clearlake heading west; turn right onto 9th street (heading north). Turn left in between buildings at large RED sign "EMERGENCY, CHEST PAIN CENTER". Park in garage on your right. Carol Jo Vecchie Center is straight across from parking garage. Lodging: **Exit 94:** Hampton Inn 217-793-7670; Pear Tree Inn 217-529-9100 **Exit 96B:** Red Roof Inn 217-753-4302

Exit 98B: Best Western 217-525-7420 and many more via internet – Springfield lodging

Any questions: Contact Betsy @ 217-898-7670 or betsy.crang@osfhelathcare.org

Delegates Report—Marcy M Panel 48

Each Conference day began with an insightful quote that appeared at the top of the day's agenda. On our first day of Conference we were reminded that **"Each and every member of Al-Anon has the potential to become a leader."** This came from Paths to Recovery. Our responsibility was further emphasized by a quote from Lois, **"The growth of the program depends upon the dedication of each member."** By exhibiting the dedication that Lois said was essential, we can fulfill our potential.

This year's theme **"Embrace the Legacies: Our Spiritual Bridges to Expand the Future"** made me feel inspired and grateful to be able to attend and serve you in my second year as your Delegate. I felt comfortable and didn't feel the effects of the long days as I did last year. I learned that it is important to take care of yourself, and I did by spending some time after lunch and before the afternoon session began by meditating quietly for 10 to 15 minutes. This helped clear my mind and refreshed me to start the afternoon session.

We were introduced to a new service event that is replacing the Regional Service Seminar and will be known as TEAM (Together-Empowering –Al-Anon-Members). In order to be flexible and meet the needs of more members they have made the following changes: the regions are no longer limited to a three-year rotation; the host committee can

target the interests of the local members; the event may range from a minimum of six hours to a full weekend; it may be hosted by an Area, multiple Areas, or a region. With the TEAM events, the responsibilities are shared. The host Area is responsible for the facility, registration, food, equipment, and publicity. The WSO's main responsibilities include the financial cost incurred in providing staff and volunteers who will attend and will create a flyer template for the Areas to use when publishing the event. Together the Areas and WSO will develop program topics and they will provide supplies, materials and literature. I have a complete packet of details and necessary forms if and when we decide to experience this new event.

Another concern was the protection of the Alateen Traditions. Following two years of research, careful documentation of our history related to the WSC (World Service Conference) Center, two different Task Forces, and after much conversation, we were able to agree on a Charter revision that protects the Alateen Traditions so it would be as difficult to change the Alateen Traditions as it would be to change Al-Anon's other legacies.

Throughout the week our International guests from Germany, Italy, Mexico and the UK shared their experience, strength and hope with us. We had two Chosen Agenda Items that were discussed at length.

Topic 1: Al-Anon's Public Relations Policy—Is it becoming more like Promotion rather than Attraction? Are we embracing Traditions 6, 7 and 11 in all Al-Anon's Affair? (Handouts were given out to all District Representatives and Group members at the Assembly in July.)

Topic 2: How can Areas, districts, and groups approach unhealthy meetings in a positive and productive way? (Please refer to the handouts given out at the July Assembly.)

Excess Bequests: After long discussions and careful consideration, the Conference approved a procedure that determine when Conference members are to request project proposals from Al-Anon members, submit those proposals to the Conference and then approve or reject the proposals. The total excess bequest is to be expended within five years on special projects. The five year limit is intended to prevent the accumulation of wealth.

The day at the World Service Office was awesome. It's quite a beautiful building and after touring the offices, we had a delicious lunch and spent some time outside taking pictures. Most impressive was the Archives room, the gigantic mailroom and warehouses.

There was a lot more on the Agenda and I will report on some of them at the next Assembly.

Convention Liaison/Jan T

The 2009 35th IL State AFG Convention will be held October 23rd-25th at the Crowne Plaza in Rosemont, Illinois; Registration is \$25.00 for Al-Anon & AA prior to Sept 23 and \$10.00 for Alateen; Room rates will be \$105.00 per night for 2 double beds; Parking is \$5.00 per day; Banquet is \$41.00 per person. Fliers, and quilt raffle tickets are available, contact Jan Tucker if more fliers or tickets are needed. The 2010 IL State AFG Convention will be held at the President Abraham Lincoln Hotel in Springfield October 8th-10th. More information will be coming.

Through communication with SIAFG & NIAFG delegates, Jan has begun formation of Convention Guidelines Committee (CGC). This committee will consist of convention liaison from SIAFG & NIAFG; 2007, 2008, 2009, & 2010 AFG convention chairpersons; past & current SIAFG & NIAFG delegates; and any others as suggested by delegates. (This committee will review current guidelines and submit suggested guideline updates for discussion and acceptance or rejection at the 2009 CRC meeting in December 2009).



The 2013 Al-Anon International Convention will be held in Vancouver, BC July 5th-7th. Libby (NIAFG Delegate) is working on planning an Alaskan Cruise around this time, more information as it becomes available.

Visit SIAFG website to view a list of upcoming events (some of which have fliers that can be printed for distribution) at www.siafg.org

Have received information on AA conferences & conventions. (Check Events at the end of this issue.)

Webmaster/Sara R



Did you know that there are hundreds of The Forum articles available for viewing on our website? Go to

<http://siafg.org/Forum.html> to view the archives and instantly access Conference Approved Literature (CAL) any place you have access to the internet! One longtime Al-Anon member anecdotally mentioned that she often reads the online articles when things get a little crazy at work—a place we can practice applying the Al-Anon principles in all our affairs!

While you're visiting the website, check out the new links. Not only is there information about the upcoming Fundraiser (a nifty pen/highlighter), but you can download current and older versions of the News-O-Gram as well as read up on all the information about Alateen and Alateen Sponsorship, too!

I've also added a link for newcomers or those looking for information called "Is Al-Anon/Alateen for me?" This page lists the questions on several different pamphlets regarding how to tell if you're affected by someone else's drinking.

Have any events in your district that you would like posted on our events page? Please send them to spacing@yahoo.com. Also, I always have an open ear for suggestions for and comments about the website!!! See something that needs to be corrected? Just let me know!

Treasurer / Rowena A

District	Group ID	Group Name
11	3948	Mt Zion Born Free
11	3703	Beginners Al-Anon
11	3708	Friday night Kiss
12	3507	TGIF Bondville
12	4088	New Lease on Life (Savoy)
12	49550	Blues Busters AFG
13	3980	Richland Co.
14	3978	O'Fallon A
17	61493	Carbondale Wed. noon Group
18	3810	Granit City Tues. Night Hope
18	3451	Mon. Night Elm Street
18		Thursday Night Al-Anon Edwardsville
18	34856	Hopeful Serenity Seekers
18	3811	New Life Granite City
18	26501	Monday Night Serenity Group
18	500611	Jersey Ville Group
19	42664	Weds. Butterfly Al-Anon
19	4104	H.O.W. Al-Anon
10A		District 10A
10A	30160	Sunday Night AFG
10A	35525	Thursday Am AFG
10A	4022	Weds. Morning Glories
10A	4020	Mon. Hilltop Al-Anon
10A	4023	A New Beginning AFG
10A	24161	Monday Morning Al-Anon Group
10B		District 10B
10B	61535	Friday Night Happy Hour
10B	25455	Serenity Seekers
10B		Monday AM
10B		AFG Normal
10B	3495	Tuesday Fellowship

News-O-Gram Coordinator/Rita

Have you seen the three articles on page 2 of the September 2009 *Area Highlights*? “E-Connections”, “The Advantages of Electronic Delivery”, and “Electronic Communication Increases Participation.” It shows us that Area 16 is on the cutting edge. More members are receiving information from Area Level than ever before! As expenses for printing and postage increase, technology is the solution to many of our monetary issues.

I received email from (NIAFG) Northern Illinois Al-Anon Family Groups who are talking about doing what we do with emailing our newsletter. If you're like me, you probably do not always think of going to a website. But an email reminder that the latest issue is now on-line is a big help to me. Perhaps your district could go paperless too! All it takes is having one member of each group to print out the information for those who do not have email. If you haven't been on our website (www.siafg.org) lately please check it out. There is a wealth of information. Does anyone have a better method of achieving the goal of reaching out to our fellowship? Think about it as use of on-line materials will be coming up for discussion at the next Assembly.

Ways and Means/Cindy S

The Ways & Means Raffle at the July Assembly was a 50/50 drawing with 2 winners (1/4 of the total to each winner) and 1/2 going back to Area. Tickets were 2 for \$1.00. The click pens have been well received by all. \$2.00 each. You can buy what you need now and take back to your groups to sell. You can email me and I'll mail you the pens after you send a check to www.ninny3366@comcast.net

The 2010 Fund Raiser will be an ink pen with a yellow highlighter at the end. You can also support the Area Assembly and buy coins, bracelets, lapel pins, bookmarks and bumper stickers.

The raffle in November will be our annual “bring a wrapped gift” raffle and remember to bring something that you wouldn't mind taking home yourself. It doesn't have to cost anything—be creative!!!

Forum/Literature Coordinator/Mary S

A FORUM about *The Forum*—

“Will *The Forum* grow—or fade away?”

SUPPORT THE FORUM:

SUBSCRIBE: The subscriptions have fallen below 20,000 for the first time in 35 years. That is 1.4 copies per group. Illinois' average is 1.34 per group. *The Forum* is sold at the cost of printing and mailing. The fee does not cover the staff time of editing and designing the publication. Tradition Seven reminds us to be self-supporting.

Ask in each group you attend how many subscribe to *The Forum*. Have subscription blanks available to pass out which are available at www.al-anon.org/members. Your password is the name of your group followed by “afg”. Click on forms and select *Forum* order form.

READ AND USE: Encourage use of the *Forum* in your meetings and share about articles. Suggestion, on second week of the month, give five minutes for members to share about their favorite article in the current issue before beginning the formal topic of the night.

WRITE: Sharings are needed. Forms were made available at the last Assembly to complete and submit a writing for the “CAL Corner.” This is a section that tells how a piece of Conference Approved Literature helped in your recovery. Focus on what this piece has meant to you rather than the content of the piece itself. Limit yourself to 350 words.

“Only time will tell whether *The Forum* will be a bridge that can take us to the future or whether it will be remembered as a part of Al-Anon's history.”
Quotes come from the July issue of *The Forum*.

LITERATURE:

Chapter Projects:

WSO (World Service Office) is seeking sharings for **Al-Anon's History Book**. They need sharings about recollections of specific events in Al-Anon history that had a profound, positive affect on your recovery or changes you witnessed since you joined Al-Anon. They need sharings from every decade from the 1950s to the present. A few forms were available at the Assembly. You can get forms by contacting m-sutton@att.net or 608 Teton Drive, Peoria IL 61614-2047. The book is planned for 2011 to celebrate the first 60 years in Al-Anon.

Another form available by mail or email is the form for **B-3 Alateen-Hope for Children of Alcoholics, Due April 15th**. You are to select a meeting topic using the book. You select a topic, a brief, appropriate quote of one paragraph or less with the page number. You then create five questions that will stimulate discussion (no “yes” or “no” answers).

e-CAL trial ended—In the three years of existence there were only a tiny minority of Al-Anon members who had submitted or viewed sharings. The conference decided to end the three year trial because e-Cal didn't seem to meet the members' needs. Al-Anon has moved forward with their electronic means of sharing literature including: The Concepts Blog, the Traditions Blog, and the Public Outreach Website's podcast series for prospective members. These are located on the members' website listed above.

The Galesburg Literature Center closed June 8th. You will need to order from WSO. The order forms for Conference Approved Literature is on the members website listed above.

By-Laws/Brenda F

Just a reminder what our primary purpose is:



To encourage unity of purpose and growth of Groups

To encourage, assist and serve the families and friends of alcoholics,

To respond to requests from individuals, families and institutions seeking help and information, and

To publish newsletters, to hold events, conferences, conventions, and workshops to educate members and the public on alcoholism and its effects.

The question to ask yourself: **Am I doing my part?**

Action Committees Reports

Public Outreach Committee Report/Cindy P chairperson

Goals:

- To plan and carry out our primary purpose through outreach to the public and professional community.
- To help reach the goal that every person will know that Al-Anon and Alateen are the best source of help for families and friends of alcoholics.
- To make getting in touch with Al-Anon and Alateen easier throughout the Southern Illinois area.

The SIAFG Public Outreach Committee met on July 20, 2009. Minutes were read.

Alateen member Emily presented her group's poster and the group was awarded a CAL book of their choice along with a pizza party. The committee decided to inform Alateens in the area that the next posters would be accepted at the Assembly in November. A picture was taken of the winning poster to be submitted to WSO for approval to be used by the Alateens.

Cindy P. ordered twenty of the new posters offered by the WSO and presented them to the Assembly. All GRs present at the July Assembly were given a poster to take back with them.

Members reported their experiences of having local papers publish a press release that explains what Al-Anon is about. Some of the comments were that the article was too long and that newspapers were having hard economic times and are seeking paid ads. One member reported that she thought she would have had better success had she had another member present for support. Another member suggested that it would be helpful to personally know the publisher or newspaper staff member.

A member of the committee reported that an Al-Anon meeting's time and place was appearing on an electronic sign at the church where the group meets. This led to the suggestion that the institutions where meetings take place be given a newcomer packet along with meeting information.

Again we stressed the wealth of information in the publication #P90, *The Best of Public Outreach* (only \$3) which could be used by districts and groups to meet the needs of the community for public outreach.

It was suggested that delivering Public Outreach materials be incorporated in a "fun day". Members or (sponsors and their sponsees) could meet for lunch and experience service work together.

It so happens that the money allotted for the year will have been spent at the time of the next Assembly and ideas would be discussed in November concerning the up-coming year.

Fellowship/Communication Committee Report/Cindy S Chairperson

We elected Janice N. as the temporary chairperson, and Cathy B. as the temporary secretary. We will try to appoint a permanent chairperson and secretary for the committee during the November Area Assembly meeting.

In the meantime, our group decided to create a "Did You Know" flyer for the News-O-Gram. We discussed several different ideas, and came up with a few blurbs for the flyer. We will be submitting this flyer to Rita to include in the next issue of the News-O-Gram.

DID YOU KNOW , , ,?

**You can find a lot of information about Al-Anon groups, districts, and the area assemblies at...
the area website--- www.siafg.org.**

**Your Al-Anon meeting group can determine whether it is a healthy group or not by...
taking a group conscience using pgs. 38-39 in the service manual.**

**Individual group members can receive a free, personal copy of the area newsletter...
by email! contact ritamcox@att.net**



Group Services Committee Report/Tom P Chairperson

Attending: Lyri, Angie, Alberta, Kathy H., Cathy S., Rowena, Brenda, Marcy, Diane, Mario, Bonnie

Reviewed minutes from last area meeting.

Discussion of group representative attending versus those non-attending group representatives.

By September 15, 2009, have an active valid contact (if there is no group representative) of each group in the area to Cathy S.

Kathy H. will have short summary to Cathy S. about her positive encouraging experience at Area Assembly.

Email will be used to communicate information as often as possible. U.S. mail will be used to communicate with those who do not have email access.

Attending group representatives at November area assembly will receive a recovery gift.

Delegate's fund will buy raffle tickets for the gift for today's attending group representatives.

In November, 2009, Area Assembly meeting we will decide on love token project for workshop at March, 2010, Area Assembly Meeting. Make request to chairperson for time on March, 2010, agenda for workshop.

Healthy Group quiz in News-O-Gram with notation to bring ideas and feedback to November Assembly. There was discussion about whether the quiz could be incorporated into a meeting.

Review what goes into a new group packet at the November, 2009 Area Assembly meeting.

Discuss at the November, 2009, meeting what educational pieces we want to send back with group representative.

Group Services Committee . . . (taken from Area Highlights)

How Healthy is Your Group? Take the Health Quiz! Group Services Health Quiz Project June 2007

Here are some suggestions that you might choose to follow:

- Volunteer to chair at an unhealthy meeting
- Invite others to attend the meeting
- District Representative visits groups several times
- Walk the talk---help set up, etc...
- Have a meeting on the *Service Manual*
- Invite members to see how Area Assembly works
- Create a group conscience book---members write concerns and they are read at a meeting monthly
- Write a statement regarding an issue of concern to be read at the meeting (i.e.: "Keep your comments as brief as possible so that all may have time to share.")
- Remind members, in a loving way, that we don't give advice; we share experience strength, and hope
- Have a Tradition One meeting on a topic or problem
- Sign up on meeting calendar to attend meetings with low attendance

Questions to ask the unhealthy group:

- Do you have a phone and home group list?
- How do you know who chairs the meetings?(i.e.: sign up calendar)
- Do you have a Group Representative, Alternate Group Representative, or any officers?
- Who's attending the district meetings and Area Assemblies?
- Do you have members identify themselves as willing to be temporary Sponsors?
- Do you have business meetings?
- Do you have group consciences?

Things to do:

- Invite group to a healthy group meeting
- Get feedback from unhealthy group
- Educate members individually
- Hold a "District Conscience" to determine who needs help
- Make it a District project
- Express the need for support and willingness to give support
- Encourage respect when groups are identified as unhealthy
- Include Alateens



Members Share Experience Strength and Hope

Attending Area Assembly was similar to attending my first Al-Anon meeting. I was not sure what to expect and would I receive what I felt I needed from the meeting. The acceptance and support was most generously given and I received valuable information to share with the GRs of district 10B. I was encouraged to contact anyone in Area 16, if I had questions or concerns. I met and felt a connection with those attending from district 10A. I received a poster about stop the drinking to share as part of our public outreach, learned the Forum needs support at the individual and group level, and an Alateen coordinator is needed at the Area level. There was discussion about using the Al-Anon declaration to close meetings and taking a group conscious before any changes in a meeting's format. I look forward to attending the next area assembly because everyone was willing to share their experience, strength, and hope. As DR for 10B, I am excited about sharing what happens at the district level and area assembly with all the GRs of 10B and each group meeting I hope to attend. Thank you for this opportunity to share my experience, strength, and hope.

Kathy H. DR for district 10B

District Reports

District 10A/Mary S District 10A June 7th meeting had an exceptional number of people and Group Representatives present...very exciting. **Alateen**-The Monday Night Alateen Anonymoose created a poster for the Southern Area Contest. The letter and flyers were sent to forty-one schools in the tri-county area announcing the Monday Night Alateen meeting. A **new** Alateen group has been formed on Friday morning at 9:30 AM. It meets at the First English Lutheran Church in Peoria at the same time as Al-Anon. They will meet every Friday that the public schools are not in session. **Answering Service**- District 10A had a successful letter of appeal and came close to meeting their expenses for the quarter. The Answering Service is looking into a Fall fund raiser and will have a June 2010 garage sale if a chairman volunteers. **Group Records** information was updated during visits and the District provided a Group Financial Responsibility sheet with the suggested order for contributing. Each group was reminded that they could send a theme basket including one piece of Al-Anon Conference Approved Literature to the State Convention in Rosemont. Delivery contact people were announced. **Reminder** was given of the 2009 AA Illinois State Conference and East Central Regional w/Al-Anon participation.

District 14/ Lyri M There have been several meeting changes. Updated meeting lists have been provided to all group representatives and answering service volunteers. Cathy S at area Group Record and Webmaster Sarah R have been notified. Our answering service message was updated to reflect meeting changes and we now have volunteers for every day of the week. Thank you to all volunteers who help with this critical outreach. Caeli, our public outreach coordinator, continues to take a monthly meeting to Gateway Treatment Center. She reported on the program at our last district meeting March 18. Caeli also coordinated Al-Anon public outreach at a health fair in Carlyle, IL on June 13. Caeli's enthusiasm and dedication is a true asset to our district. Our next district meeting was held on June 20 at 8:00pm following the 7:00 meeting at St. Matthews Methodist Church in west Belleville.

District 18/MaryBeth GS The district is busy at work with a committee updating our public outreach contact list and assembling materials and a committee researching the use of our answering service. Details in a flier for our **Fall Festival (October 24,2009)** can be found on our website www.siafg.org and on the list of events at the end of the New-O-Gram.

Events:

SIAFG ASSEMBLY NOVEMBER 8, 2009 SIWSC MEETING, NOVEMBER 7, 2009

35th Al-Anon Illinois State Convention

“Tools & Treats” with Alateen & AA participation.

October 23rd-25th 2009

Begins: 4:00 p.m. Friday, at Crowne Plaza Chicago O'Hare Hotel, 5440 North River Road, Rosemont, IL 60018. (Flyer at end of issue)

Fall Festival Dist. 18 First Christian Church, Edwardsville, Oct.24th 6-8PM Potluck and Talent Show

Go to www.siafg.org events for flyer with more details. ALL ARE WELCOME

Nov 13 - Surprise Southside Fall Al-Anon Round-up! - 3 days, 7pm, at St. Francis of the Woods, 9263 West St. Francis Road, Frankfort, IL 60423. RSVP by 10/23/09. Enter Raffle to win free meals & lodging. :) Flyer: www.niafg.org

“Although a separate entity, we should always cooperate with Alcoholics Anonymous.”

- 2010 Southern Illinois Area 21 Spring Conference will be held March 12th-14th at Springfield Hilton in Springfield, IL

- 2010 Illinois State Conference will be held August 20th – 22nd at the Wyndham Lisle Chicago Hotel in Lisle, IL

- 2010 AA International is being held in San Antonio, TX.

Visit Southern Illinois AA's website at www.aa.sia.org for more information.

AL-ANON DECLARATION:

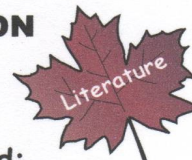


Let It Begin With Me

**When anyone, anywhere, reaches out for help,
let the hand of Al-Anon and Alateen
always be there, and—*Let It Begin With Me.***



35th ILLINOIS AL-ANON STATE CONVENTION CELEBRATES TOOLS AND TREATS OF RECOVERY



Crowne Plaza Chicago O'Hare
5440 North River Road
Rosemont, IL 60018
Reservations: 888.233.9527
Room-\$105 per night plus tax / Parking-\$5 per day
Mention "AFG Convention" for these rates - *Prior to Sept 23*



Also Included:
Alateen & AA Programs

Friday-October 23:
On-Site Registration Begins at 3pm
Hospitality Suite Opens at 3 pm
Sessions Begin at 4:30pm
Main Speakers Begin at 7pm



**Don't Forget to Purchase
Raffle Tickets for:
Quilt - Quilted Bags
(at Meetings or Convention)**



Questions:

Laurie C - Al-Anon: 630.736.2933
Candace R - AA: 847.791.8120
Darcie F - Alateen: 630.408.5668

E-Mail: 2009stateconvention@gmail.com

SPEAKERS:

Al-Anon:
Edwina L - Chicago, IL
Debbie G - Des Moines, IA
Connie H - Spencer, IA

AA:
Bill M - Elgin, IL
Tammy D - Rock Island, IL

Alateen:
TBD



**Registration Form & Check
Must Be Received by Sept 23, 2009**

Mail Registration Form & Check To:
2009 AFG State Convention
P.O. Box 5352
Elgin, IL 60121-5352
No refunds after 09.23.2009

REGISTRATION FORM - DUE BY SEPT 23, 2009
T-SHIRT ORDER DEADLINE - AUG 23, 2009
One Person Per Form



Name _____
Name on Tag _____ Phone _____
Address _____ E-Mail _____
City _____ State _____ Zip _____

Please Check: Al-Anon AA Hearing Impaired
 Alateen (MUST Bring Completed Convention Permission Slip ... Available from Alateen Meeting or Sponsor)



I Am Willing to Share My Recovery by Helping

- Please Check Below / Someone Will Contact You
 Lead a Meeting Registration Hospitality Raffle
 Greeter Literature Decorations
 Sponsor an Alateen Meeting Shirt Distribution

ALL VOLUNTEERS MUST PAY REGISTRATION FEE
this in accordance with our tradition of self-support



Convention T-Shirt:
Pre-Purchase Only / Pick-Up at Convention
Long-Sleeve Cotton Pique Orange Polo with Embroidered Leaf
"Tools and Treats of Recovery"-35th AFG State Convention
___XS ___S ___M ___L ___XL ... \$40
___XXL ... \$42 ___XXXL ... \$43
 Women's Men's (no XS)
DEADLINE: AUGUST 23RD!!!!

Saturday Evening Banquet
Limited Seating / Register Early
Must Register Together to Sit Together
(10 to a Table)
Please Check Below for Entree:
 Pistachio-Crusted Breast of Chicken
 Rotisserie-Sliced Pork Loin with Cherry Demi-Glace
 Pan-Seared Tilapia with Crab Meat



REGISTRATION & OPTIONAL FEES:

Al-Anon & AA is \$25	_____
Walk-In (after Sept 23 is \$30)	_____
Alateen is \$10	_____
Saturday Evening Banquet is \$41	_____
T-Shirts (cost is size specific)	_____
Total: \$	_____

Make Check/s Payable To: 2009 AFG State Convention (address above)

