These meetings are using District 19 link for Zoom:

<https://us04web.zoom.us/j/229846323l>

no password is required.

1. Sunday – Sunday Serenity - 630 pm

1. Monday – Honest, Open & Willing - 700 pm
2. Tuesday - Cyber-Share 4 All - 700 pm
3. Wednesday – Happiness Is – 1200 pm noon
4. Thursday – It’s an Inside Job – 515 pm
5. Thursday - Progress Not Perfection - 630 pm
6. Friday – Keep It Simple – 1200 pm noon
7. Friday – Experience, Strength & Hope – 515 pm
8. Saturday - Stay Connected AFG – 630 pm

The following meeting has an independent link:

1. Wednesday – Butterfly AFG - 700 pm
   1. *Go to:  www.zoom.us  
      For Online Access -- Enter this*  
      Meeting ID: 740 335 542  
      then  
      Enter this Password: 921264

For all meeting times and more information, go to the District website: [spi-alanon.weebly.com](http://spi-alanon.weebly.com).